



2019 ISQOLS CONFERENCE IN GRANADA, SPAIN (SEPTEMBER 4-7) 2019

Nearly 350 participants representing over 50 countries gathered together from September 4-7 in the beautiful city of Granada, in the foothills of the Sierra Nevada mountains, to discuss topics related to quality-of-life, wellbeing, and happiness. The 2019 International for Quality-of-Life Studies annual conference at the University of Granada, Spain included four days of an exchange of research focused on the theme, "happiness in a multicultural world."

The event began on Wednesday, September 4th, with a day of pre-conference workshops, led by M. Joseph Sirgy ("A Crash Course in the Psychology of Well-Being and Quality-of-Life" and a review of the ISQOLS official certification program), and Lara Fleischer ("The future of OECD well-being measures").

Later that evening, participants were greeted with delicious food and beverages at the welcome reception. Old friends and veteran colleagues mixed and mingled with new and budding young researchers. ISQOLS President, Ming-Chang Tsai, and local host organizer, Jorge Guardiola both warmly welcomed the participants and toasted to the upcoming symposium. Bienvenidos a Granada!



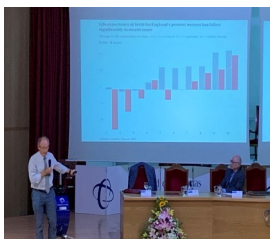
Thursday, September 5th, started in the morning with an enlightening presentation by the Alex C. Michalos Lecturer, Stefano Bartolini. Bartolini, a professor of economics at the University of Siena and well-known author of many popular science essays and academic articles, presented "Manifesto for happiness. Shifting society from money to well-being". His research focuses on the causes and possible solutions of the increasing poverty of well-being, human relationships, time and natural environment in developed and developing countries. His presentation ended with several key practical ideas: change our cities, change our schools, increase job satisfaction, and focus on preventative happiness by encouraging relationships in policy-making.



The rest of the day was filled with discussions, presentations, and posters related to ideas ranging from gender and quality-of-life, well-being around the world, consumption and economic issues, adolescent quality-of-life, life-span, happiness and sustainable development, well-being and policy, health, human suffering alleviation, education, job-satisfaction and work.



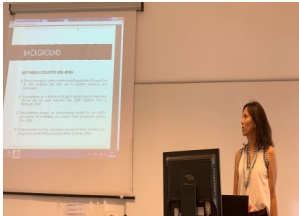
Guests paused for a brief moment to pay tribute to and remember the work by our esteemed, late colleague: Professor Elizabeth Eckermann. Liz had a long history with ISQOLS and sadly recently passed away after battling brain cancer. Her husband, John, and son Simon, graciously attended the conference and hosted a special memorial, honoring the life of a woman we all recognize as a pioneer in gender and women's rights in quality-of-life.



The day was capped off by another stimulating lecture performed by Sir Michael Marmot, the Ed. F Diener Lecturer. Marmot is the current director at the Institute of Health Equity at University College of London, and his lecture, "Social Justice and Health Equity" immediately challenged the listeners to contemplate the state of health in our world and local communities. "Health is telling us something fundamental about our society", he remarked, and presented compelling evidence for why research should be focused on breaking the link between deprivation and poverty and quality-of-life's impact on life expectancy.



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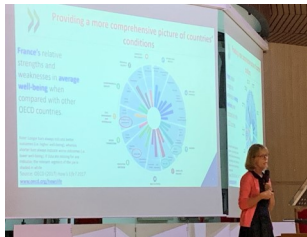


Day three began on Friday, September 6 with thought-provoking parallel sessions on topics ranging from well-being psychology, children, cultural aspects of well-being, consumption, applied research in well-being, policy, economics, relationships, elderly and aging, ethics, technology, human development, spirituality, regional wellbeing, human rights, community development and community well-being, methods, immigration, and economic issues.



The full day ended with an intriguing lecture presented by Martine Durand, OECD Chief Statistician and Director. The Richard J. Estes Lecturer reviewed the measurement of people's well-being and societal progress, promoting the analysis and use of well-being and sustainability indicators for policy-making.

On Friday evening, guests were treated to an incredible conference dinner at the Carmen de los Capiteles. As the sun set over the Alhambra in the background, guests nibbled on delicious bites and enjoyed local flamenco dancers and music performed by Irene la Serranilla.

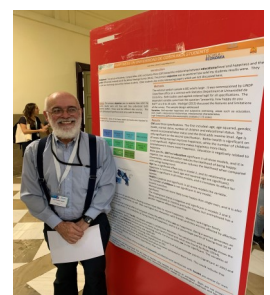
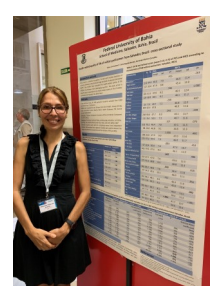
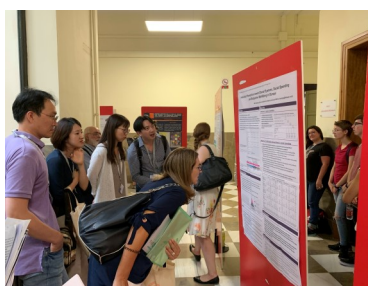
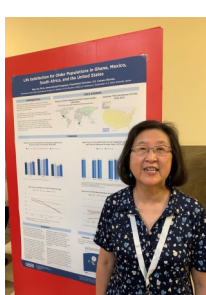


The final day of the conference featured the official keynote lecturer: Christian Welzel, member of the German Academy of Sciences and Political Culture Research Professor at Leuphana University in Lueneburg, Germany. He is also President and CP of the World Values Survey Association and Chief Foreign Director of the Laboratory for Comparative Social Research in St. Petersburg, Russia. Welzel's research focuses on human empowerment, emancipative values, cultural change and democratization, presented in his lecture, "A Tale of Human Progress: Emancipative Values and Subjective Well-being".



The last parallel sessions included topics ranging from history of human well-being, measurements of progress, service leadership and promotion of student well-being, applied research in well-being, happiness and philosophy, relationships, cultural aspects, education, work, well-being around the world, method, and regional happiness.

Both Friday and Saturday included riveting poster sessions with research from scholars focusing on methods in quality-of-life, education, health, and applied research in quality-of-life. Despite the fact that many of these poster submissions were completed by new QOL researchers, their work was substantial and impressive. We hope they continue their research and join us again in future conferences.





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The ISQOLS President and Conference hosts invited participants to gather for one last time on Saturday evening to celebrate a successful conference and commend this year's award recipients. We would like to congratulate the following 2019 award recipients:

2019 Best Dissertation Awards: Jennifer Gerson (first prize), Martijn Hendriks (2nd prize), Efstratia Arampatzi (2nd prize)
 2019 Young Scholar Award: Martijn Hendriks
 2019 Research Fellow Awards: Martijn Burger, Janet Leung
 2019 Distinguished Service Awards: Richard J. Estes, Mariano Rojas
 2019 Distinguished QOL Researcher Awards: Andrew Clark, Carol Graham
 2019 Betterment of the Human Condition Award: Social Weather Stations
 Best Annual Applied Research in QoL (ARQOL) Paper Award: Fernando Garcia-Quero and Jorge Guardiola



Congratulations also to the following six Education Grant Award winners, all earning \$1000 USD grant for their travel and attendance to the ISQOLS 2019 conference: Natia Partskhaladze (Georgia); Chitra Nair (India); Adi Cilik Pierewan (Indonesia); Shoirakhon Nurdinova (Uzbekistan); Jaqueline Moodley (South Africa); Natalia Kopylova (South Africa)

We would like to sincerely thank Jorge Guardiola and his team, the local host organizer in Granada, for his careful and excellent arrangement of the conference proceedings. Thank you to all the student volunteers for their diligent service!



Overall, the 2019 ISQOLS Conference enabled colleagues from many parts of the world, from different disciplines, with different cultures and visions of the world, and following different methodologies to meet together with one common goal: to generate knowledge that helps to increase quality-of-life, happiness, and wellbeing for all people. Thank you to all who attended and participated! We look forward to seeing you all at next year's conference in Rotterdam!



**INTERNATIONAL SOCIETY FOR
QUALITY-OF-LIFE STUDIES**

"exploring well-being and happiness"